



Swimmer and Parent Contract

General

- Swim team members are expected to:
 - Respect teammates, competitors, parents, and coaches
 - Support and encourage teammates at **practices** and **meets**
 - Be on time and ready for practices and meets
 - Focus on their own swimming and not others
 - Maintain a positive attitude:
 - Accept assigned practices and meet lineups without complaining
 - Refrain from being disruptive or using inappropriate language
 - Be a good sport whether we win or lose
 - HAVE FUN!!!

Practices

- Swimmers are expected to be on time for practice and in the water within 5 minutes of the start time.
- When being given instruction, swimmers are expected to give their undivided attention to the speaker.
- Sets and drills are to be done as assigned.
- When practice time is over, swimmers are to exit the pool and help clean up before leaving.
- Swimmers who disrupt practice (their own or another age group) will be asked to leave. Disruptive behavior includes, but is not limited to:
 - Failure to follow a coach's request (to warm-up, to start a set, to listen, etc.)
 - Splashing, dunking, pushing, pulling of other swimmers
 - Disrespect to fellow teammates or coaches
- Anytime a swimmer is removed from practice or a meet, the coach will inform the parent of the circumstances.

Meets

- During meets, swimmers are expected to stay with the team. If a swimmer must leave the swimmer area, he or she should tell a coach. This will help us make sure no swimmer misses his or her events.
- Swimmers should remain in the water until ALL swimmers are finished their race.
- Cheering is encouraged and you should cheer equally for all swimmers.
- Swimmers should show sportsmanlike qualities to all swimmers, parents and coaches of the Brandywine Swim League.
- Unless absolutely necessary, swimmers are expected to stay for the whole meet.

Parents:

- Parents are expected to show support and enthusiasm for their child and the sport of competitive swimming.
- Parents are asked to stay off the deck during practices and meets.
- Parents are expected to volunteer at swim meets!
- Parents must respect the ruling of the officials during the meet and understand that their intent is to make decisions based on fairness and legality. Once accepted by the head official, all disqualifications are final and may not be disputed.
 - If parents have a concern about a decision made at the meets, they should contact their team coach
 - Video evidence will not be used
- Inappropriate comments or disrespect rendered from any parent may result in that parent being asked to leave or not appear at Brandywine Swim League events.

****By signing below, I acknowledge that I have read the rules set forth above and agree to them.
I realize that if I break any of these rules that I may be asked to leave practice or a meet.**

Swimmer's Name (Please print)	Signature
Swimmer's Name (Please print)	Signature
Swimmer's Name (Please print)	Signature
Swimmer's Name (Please print)	Signature
Swimmer's Name (Please print)	Signature

Parent's Signature _____

Date _____